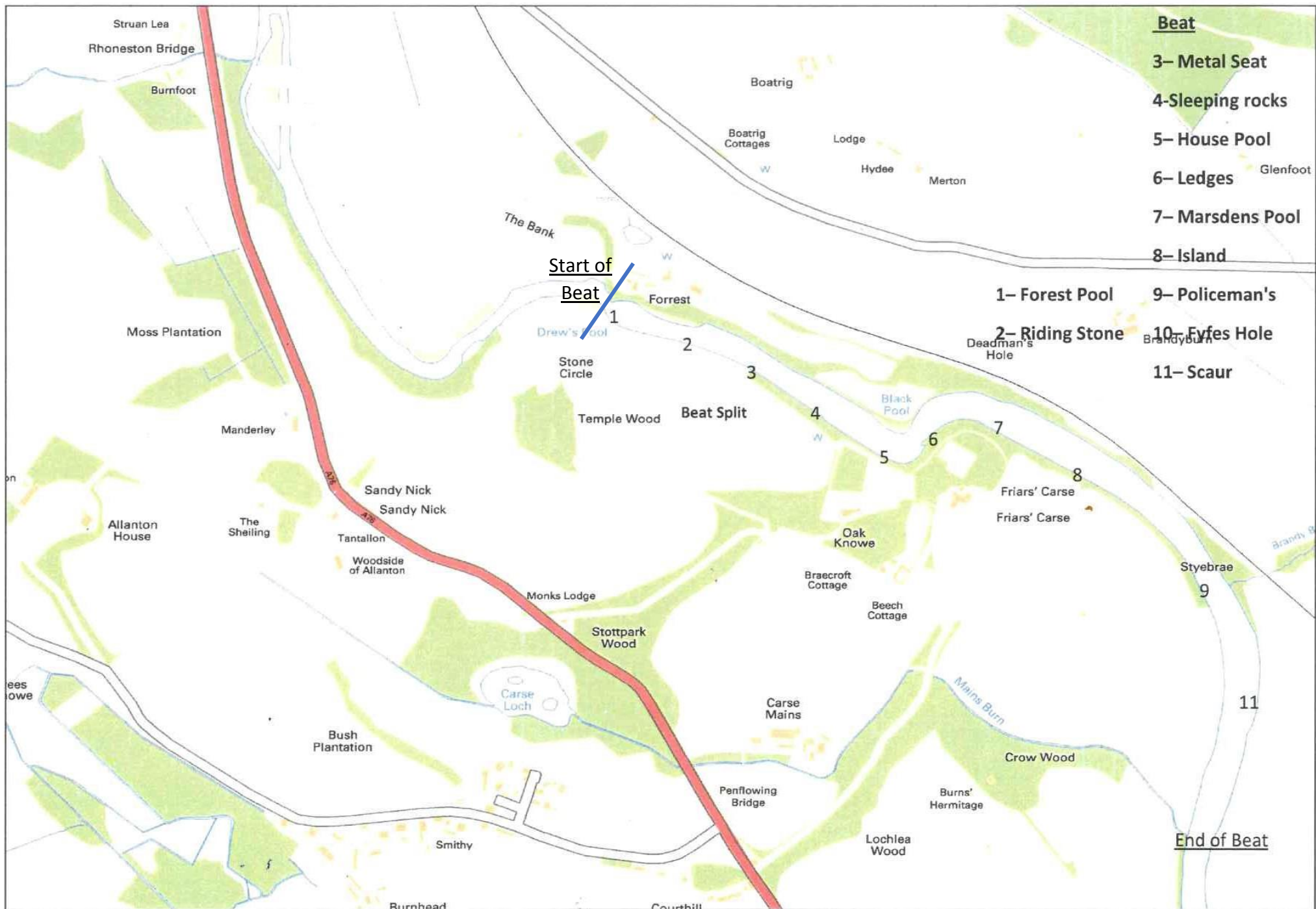


FRIARS CARSE BEAT



Beat

- 3- Metal Seat
- 4- Sleeping rocks
- 5- House Pool
- 6- Ledges
- 7- Marsdens Pool
- 8- Island
- 9- Policeman's
- 10- Fyfes Hole
- 11- Scour

Start of Beat

End of Beat